BENGALURU, WEDNESDAY, MARCH 23, 2022 www.Bangaloremirror.com 12 Pages PRICE ₹3

Bangalore Mirror

TEMP Max 32 | Min 21 | Humidity 46% Mostly sunny Sensex 57,989 | Nifty 17,315 | Gold 51,380 | Silver 67,720 | Dollar 76.17 | Euro 83.88 | GBP 100.97

Safety concerns, design flaws, fallout of extreme weather amongst other factors such as burgeoning traffic demand infrastructural tweaks: for instance, should we build underpasses or overpasses?

CAUGHT UNDER THE WEATHER

'More infra on the outskirts a viable option'

| Hamza Irfan Qazi
mybangaloremirror
@timesgroup.com

TWEETS @BangaloreMIRROR

The weatherman has predicted more rain and thunderstorms over the next few days. Many underpasses in Bengaluru were flooded following heavy rainfall last year.

Considering the fallout of extreme weather such as the risk of frequent flooding and safety concerns amid burgeoning traffic woes in the city, experts are now questioning if authorities should be investing so much in underpasses or opt for more overpasses or flyovers instead.

A 14-year-old was killed in an accident in the vicinity of the Hebbal underpass on Monday.

"Safety-wise and with respect to waterlogging, overpasses are always better. If an underpass is decided on, it needs to be constructed taking many aspects into careful consideration. There needs to be a proper drainage system for the underpass so that it doesn't get flooded," said Dr Lokesh Habbani, infrastructure, safety and traffic expert who is also an advisor to the World Bank.

CONTINUED ON PAGE 4 »

"Flooding can cause pavements to erode over time. It slows down traffic and increases the chances of accidents..."

— Dr Lokesh Habbani, infrastructure, traffic expert & advisor, World Bank

Vax to school

No permission yet to conduct vaccination drives for 12–14-year-olds on campus

| Garima Prasher
mybangaloremirror@timesgroup.com

TWEETS @BangaloreMIRROR

Schools in Bengaluru are all set for registering 12 to 14-year-olds for vaccination. While many schools are reaching out to parents about the upcoming vaccination drives on campuses, some are prepared to implore and cajole shot-shy parents.

"We will reach out to parents to make sure they get their children vaccinated before physical classes begin after the summer break. We prefer students to join in-person classes after receiving the shots," said M Srinivasan, principal of GEAR Innovative International School.

D Shashi Kumar, secretary of the Association of Primary and Secondary schools of Karnataka, said schools under the ambit of the association are planning to vaccinate the 12-14 age group on campuses. Schools said they want to be responsible for ensuring proper coverage of the vaccination drive.

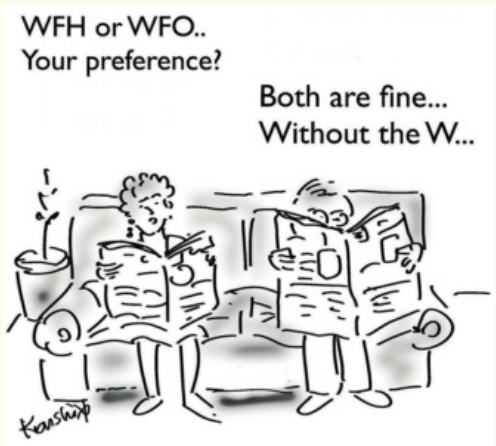
"The schools also have to bear the responsibility of not transmitting the virus. We are not just requesting the parents to get the kids vaccinated but are also giving them the option to get children vaccinated on our campuses. We will do so in association with local health entities," said Shashi Kumar.

The fear of another variant storming through the schools and sending students

CONTINUED ON PAGE 6 »

3 THINGS TO DO

01 ROFL



The Indian Institute of Cartoonists is organising 'JUST LIKE THAT', an exhibition of cartoons by Dr Sudeendra Koushik. an innovator, engineer and a technologist. As a TEDx speaker, Koushik speaks globally on innovation and sees the funny side of things. With more than two dozen patents, he never misses a chance to bring a smile on people's faces, at least on some people.
Where: Indian Cartoon Gallery, Midford Garden
When: Till March 26, 10am – 6pm (except Sundays)

02 Jam it up!

Take a break from the stress and monotony of work by attending a beautiful musical evening at Lahe Lahe. The session will have musical aficionados come and jam together and form a community of like-minded musical souls. What's more, you can even tune out a few songs of yourself too!
Where: Lahe Lahe, HAL 2nd stage, Indiranagar
When: Wednesdays, 7:30pm – 9:30pm
Tickets: 9886294444

03 Be a potter

Channel the inner artist in you by signing up for these pottery-making workshops. You will be taught how to prepare the clay and use different techniques like hand-building, pinch, coil, and slab. Finally, you will be taught to fire the pots. The sessions will be held by Maya, and you can sign up for more than one session.
Where: Lahe Lahe, Indiranagar
When: Till Mar 27, multiple slots
Tickets: 9886294444

A 'silver' moment
Badminton player Lakshya Sen with his parents DK Sen and Nirmala Sen (left) and with former player and coach Vimal Kumar (right) during a press conference at Padukone – Dravid Centre for Sports Excellence, in Bengaluru, on Tuesday. Lakshya won the silver medal in the All England Open Badminton Championship.

Tackling genetic disorders

Large population, endogamous marriages, reasons behind these disorders; early counselling and treatment key in fighting them, say health experts

Pragna L Krupa
pragna.krupa@timesgroup.com
TWEETS @BangaloreMirror

India, which has a population of approximately 140 crore, genetic disorders are very common. Despite its high prevalence, doctors say that these disorders are very less spoken about and more awareness is needed.

The prevalence of various genetic disorders in India is not uncommon, given the large population and the custom of consanguineous or endogamous marriages. It is estimated that crore people in India are affected by genetic disorders, explained Dr Vinu Narayan, MD Pediatrics, DNB-Superspeciality Medical Genetics (President Gold Medal), Consultant Medical Genetics, Manipal Hospital.

"About 5,000–8,000 rare diseases are known till date, accounting for 6–8 per cent of the world population. Approximately, 40 per cent of the rare diseases can be attributed to genetic cause." The commonly seen genetic disorders in our country include birth defects, blood disorders like thalassemia and sickle cell anaemia, deafness, muscle-related disorders like spinal muscular atrophy, lysosomal storage disorders, cystic fibrosis, congenital adrenal hyperplasia, inborn errors of metabolism, albinism, primary immunodeficiencies and many more categories, he said.

According to Dr Yogesh Kumar Gupta, Head of Paediatric Intensive Care Unit, Fortis Hospitals, genetic abnormalities can be divided into two categories: common genetic abnormalities and rare genetic illnesses, the incidence of which is one in a million.

Most of these disorders can be detected early during pregnancy, say doctors

"In comparison to a decade ago, with greater clinical acumen and sophisticated equipment, we can now detect an increasing number of genetic abnormalities. Genetic counselling begins when there is a family history of genetic diseases, and with the help of a few tests, we educate the patient about the likelihood of the disorders in their offspring," said Dr Kumar.

Dr Narayan added that prevention of various genetic disorders can be done at multiple levels.

During pregnancy, one can avail screen for genetic disorders like thalassemia, Down Syndrome (most common cause of intellectual disability in children) by simple blood tests in mother and for fetal anomalies by ultrasonography.

> **"With greater clinical acumen and sophisticated equipment, it is easier to detect such disorders**
> – Dr Yogesh Kumar Gupta, Head of Paediatric Intensive Care Unit, Fortis Hospitals

"If a genetic disorder is confirmed in a family member, then genetic counselling for pregnancy and thereby diagnosis of the fetus during early pregnancy is possible (prenatal diagnosis). Awareness, prevention, early diagnosis, availability and early initiation of treatment are some of the key elements to reduce burden of genetic disorders in India," he said.

Dr Kumar said that genetic abnormalities are usually non-modifiable; however, certain kinds of stresses and factors can produce chromosome mutations and deletions, predisposing the offspring to the same. "Increasing maternal age, maternal smoking, alcohol misuse, pollution, and exposure to certain heavy metals can also cause chromosomal breaks, resulting in a genetic abnormality in the infant."

Down Syndrome: Most common disorder

Down Syndrome (DS), is the most common chromosomal aneuploidy disorder, caused by an extra copy of chromosome 21 which mostly derived from the maternal component, says Dr Sunitha Mahesh, Medical Director & Senior Consultant, Feto Maternal Medicine, Milann Fertility & Birthing Hospital.
According to her, the incidence of this aneuploidy varies with maternal age and the risk increases with increasing maternal age, especially after the age of 40 years.

The reasons why some people are born with an extra copy of chromosome 21 despite the fact that both parents are healthy remain unknown.

"As there exists risk of aneuploidy at all maternal age, it is essential to offer testing methods to all couples for early detection.

"If a test shows that the unborn baby has DS, the parents can choose to keep the pregnancy or have it terminated medically. It is important to raise awareness about the common disorder," she says.

End to this honky-tonk business in Cubbon Park

Joint commissioner of traffic police says department will grant park 'No Honking Zone' status in few days

Garima Prasher
mybangaloremirror
@timesgroup.com
TWEETS @BangaloreMIRROR

Cubbon Park's birds and animals will benefit too with the no-honking rule

Readers, put your sneakers on and get ready for peaceful and quieter morning walks in Cubbon Park. Dr BR Ravikanthe Gowda, joint commissioner of police (traffic) told BM the department will issue a notification in a few days to assign Cubbon Park the 'No Honking Zone' status.

"We are going to issue the notification to declare Cubbon Park as a 'No Honking Zone'. Once notified, the defaulter will be slapped with a hefty fine," said Dr Gowda.

It may be noted, Citizens 4 Citizens (C4C) had submitted a petition to the joint commissioner to grant the park the 'No Honking Zone' status. The department had acknowledged the petition and said a study will be conducted to assess if the park requires such a status.

Support groups of environmentalists and many walkers have welcomed the new status. Proponents said, Cubbon Park is an important lung space for the city where people go for peace, tranquility and fresh air.

"It is a welcome move. The entire country is going through a pandemic of noise pollution. The majority of the honking is unnecessary (and exists) despite a law that renders repeated, shrill and loud honking near hospitals, educational institutions and residential areas illegal. There is also a penalty of Rs 1,000 for first-time defaulters and Rs 2,000 for repeated offenders. However, enforcement of the law is an issue. We would like citizens to give up honking voluntarily unless it is an emergency," said Rajkumar Dugar, founder, C4C.

> **"We expect the birds will be able to move freely now. This move will benefit over 40 bird species of the park**
> — Dr S Subramanya, ornithologist

Netizens said the park is also home to many birds and animals and the newly granted status will help conserve its biodiversity.

Dr S Subramanya, an ornithologist and former faculty at the University of Agricultural Sciences, said the decision will help many bird species to move freely inside the park. There are as many as 106 bird species in Cubbon Park. However, around 42 per cent of these species are likely affected by vehicular noise pollution.

"With so much honking, many bird species have been avoiding the corridors on either side of the stretches with vehicular traffic. We expect the birds will be able to move freely now. This move will benefit over 40 bird species of the park," said Dr Subramanya.

Experts said loud and shrill noises from the honking make it harder for birds to call other family members and sharply compromises their ability to attract mates during the breeding season.

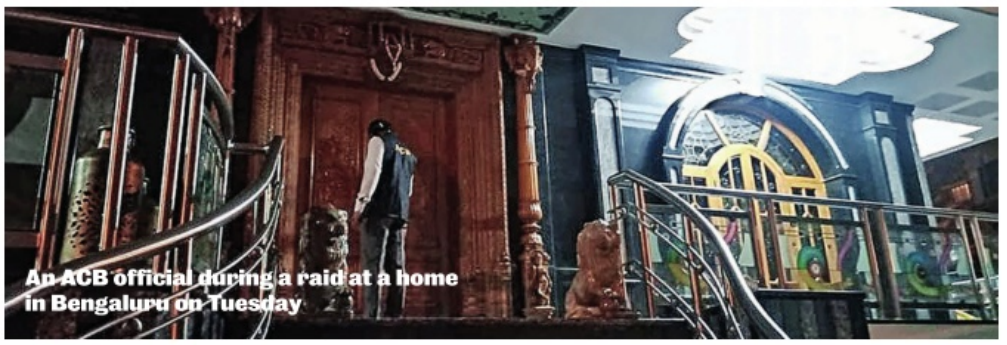
"With so much honking, birds need to be louder to be heard by their counterparts. During the breeding season, the males establish their territories or attract females in this manner. With loud vehicular noises, either they fail to attract females, or they end up singing louder, investing a lot more energy than needed," said Dr Subramanya.

ACB swoops down on touts; swanky homes, designer collections among finds

The Karnataka Anti-Corruption Bureau (ACB) literally waded into the lap of luxury on Tuesday during search operations of properties belonging to several persons accused of influencing Bengaluru Development Authority (BDA) officials through unethical means.

Apart from the usual hauls of unaccounted gold, silver, and cash hauls, the ACB officials were surprised to find the alleged touts' homes brimming with luxurious fittings, designer watch and sunglasses collections.

An indoor swimming pool and an indoor theatre were also among the surprise findings.



An ACB official during a raid at a home in Bengaluru on Tuesday

Led by Superintendent of Police, Uma Prashant, a team of 100 ACB officials swooped down on the homes of nine alleged middlemen.

The searches were conducted in different locations across the city. According to ACB officials, the nine suspects are allegedly influencing public servants by means of corruption or illegal means to involve in the malpractices and other irregular activities in the BDA.

Tuesday's raids come in the wake of arrests of four persons extorting money from BDA officials on the assurance of providing relief from ACB proceedings against the officers. **IANS**

FAKE NEWS BUSTER MIRROR

NO, COVID VACCINES DO NOT EXPOSE YOU TO INFECTION

THE CLAIM

A cardiologist who is running for president's post in the Philippines claimed during the presidential debates that covid-19 vaccines expose people to the infection.

WHAT'S THE TRUTH

Though we have said this often enough: Just once more -- One cannot get covid by getting vaccinated. The vaccines contain some substance to teach the body to have an immune response against the coronavirus. This can come in the form of a messenger RNA, a weakened form of the virus, a viral vector that contains material from covid, or a protein from covid. All these methods have been tested and studied, and it is proven that they do not cause any infection.

BUST FAKE NEWS WITH MIRROR

9591233247

Let's separate the news from the noise, Bengaluru. Tell us about that incredible-sounding story/news/alert that you've received on WhatsApp or social media and Bangalore Mirror researchers and editors will see if it checks out. If it doesn't, we'll call it out

TOPCOMMENTS

Not impressed with all this covid next wave talk anymore

Commenting on 'Fourth wave predicted in August: Sudhakar', Bangalore Mirror reader Artin Shar wrote: "If a new variant of the virus is likely to spread, shut the airports. Why risk everyone's lives?" Further, Shar wondered if it is a coincidence that the pandemic only peaks after the elections while the country is often conveniently doing better during election times. "This is nothing but conspiracy. During elections the country is virus-free but after elections the virus seems to be spreading," he wrote. Meanwhile a reader MVP writes on Bangalore Mirror website: Why wear a mask in the car? No other state has such a flawed rule. A Twitter user @riyaz_pasha0169 wonders if this is an intimation to lock down? A reader Sharada writes in email there is hope that the fourth wave will not be as severe, and we must chug on with that hope in our hearts as covid and the impending restrictions have caused much disruption in our lives.

WEBHITS

3 most-read articles on the Mirror site

- A 6-lane upgrade for Bengaluru-Hyderabad highway
- BOOM-E-RANG
- Fourth wave predicted in August

Residents on mission to save only green space

GAIL station getting relocated to the park's space to make way for Metro line

Shreyashi Mukherjee
mybangaloremirror
@timesgroup.com

TWEETS @BangaloreMIRROR

Sadananda Nagar residents take to the streets to protect the cutting down of 30 trees at 8th Main Park

The residents of Sadananda Nagar, Hosa Nagar and Krishnaiyyana Palya took out a protest on Monday condemning the cutting down of 30 trees at 8th Main park in Sadananda Nagar, which the residents say is the only remaining green space in the area.

As many as 60 people joined the protest. They were holding placards and raising slogans like "Save the parks, save our lives".

The GAIL station is on the verge of getting relocated to the park to make way for the construction of the new Metro line.

The BDA had given permission to the authorities of BMRCL to cut down the trees in the park so that the GAIL station could be shifted there, which was initially below the metro track that was being constructed.

The authorities already removed the gym equipment that were present in the park. The residents say that they are strongly against this decision.

Manjunath Venkatesh, a resident, said: "The population of the area is approximately 20,000 people. And for all these people there is only this one park left. The authorities are planning to cut down. Moreover, we were not even informed about this move. One fine day, we just saw that the gym equipment was being removed."

The residents expressed serious safety concerns over the presence of the GAIL station right in front of their residences.

"The station is supposed to run parallel to the gas pipeline. However, by shifting this station to the park, the pipelines will be 150 m perpendicular to the station. The station is in front of so many houses. It is quite risky; if any disaster happens, it will be the residents who will get affected," another resident said.

The residents say that there is another building in the area that is home to people working in court.

They too visit the same park to breathe fresh air. Hence, cutting down the only park in the area will be snatching the locals' chances of going for a short walk or having a place to meet with each other.

A resident, who was also a part of the protest, said, "There are many senior citizens and children staying in this area. The authorities have no right to take our park away from us. We will not let that happen."

> **A gas station near residences can be risky. If any disaster takes place, it will be the residents who will get affected** –Protester

The residents say that the BMRCL chief engineer, who was supervising the construction work, was also present during the protest. However, he refused to answer any questions directed at him.

Underpass-overpass dilemma

CONTINUED FROM PAGE 1

"Flooding can cause pavements to erode over time. It slows down traffic and increases the chances of accidents," Dr Hebbani further noted.

In general, overpasses are costlier to build than underpasses. Due to lower quality of construction and poor planning, underpasses ultimately cost a lot more to maintain over a long period of time, according to experts. Overpasses are also better suited for a proper drainage system.

"Maintenance of underpasses is generally very expensive because of waterlogging, aeration and other problems such as the risk of collapse during natural disasters that is life-threatening if there is traffic at the underpass at the time of collapse," said professor MN Sreehari, traffic and infrastructure expert who is also an advisor to government of Karnataka.

Experts are not ruling out underpasses entirely though. Due to geographic suitability, it may be more feasible to construct underpasses in some areas rather than overpasses.

"It is usually decided based on the geographic location whether to go with an underpass or overpass. In areas where the soil is loose or there is a lake nearby, we usually don't go down as the water table may be higher and drainage becomes more difficult. In such cases, we have to go with an overpass. But in some areas, overpasses may be too costly because of the topography and require longer columns. In such cases, underpasses are often preferred," Dr Hebbani noted.

That said, if underpasses are being constructed, they should be done with proper planning and high quality of construction. The underpass shall be resistant to waterlogging from rain and that even after years of construction, it should not risk caving in, becoming a safety hazard for commuters.

Some experts pointed to the indiscriminate white-topping of roads as the culprit for flooding in certain areas.

"Poor drainage is the root cause of waterlogging at underpasses. It's not like heavy rain is occurring for the first time in Bengaluru. Flooding occurs due to indiscriminate white-topping," said professor Dr Ashish Verma of Indian Institute of Science's Sustainable Transportation Lab.

"By laying down concrete slabs on top of the existing roads, they have imbalanced the level of the road as opposed to adjoining properties. By white-topping right on top of the blacktop road, they have raised the level of the road. They have completely messed up without studying what difference will occur in drainage patterns. That's why in many areas, after white-topping, water is even entering houses where it was previously not," Verma explained.

Experts advised further traffic diversion mechanisms: for instance, overpasses and underpasses should be constructed on the outskirts of the city rather than within. Ten to 15 lakh vehicles from other states pass through Bengaluru every day. The presence of more ring roads on the fringes of the city will help traffic, without the need to enter the city, avoiding traffic jams.

"Developed countries construct overpasses and underpasses on the outskirts so that traffic coming from outside is diffused. Bengaluru is an outwardly and circumcircle growing city. This kind of development requires a lot of ring roads. People coming from Tumakuru can take the outer ring and go to Chennai and other places rather than going through the city. We can avoid a lot of traffic in the city this way," said Sreehari.

whatsapp MIRROR
9591233247

Problems in your area?
Send us a picture along with specific details. And please, no phone calls or spamming

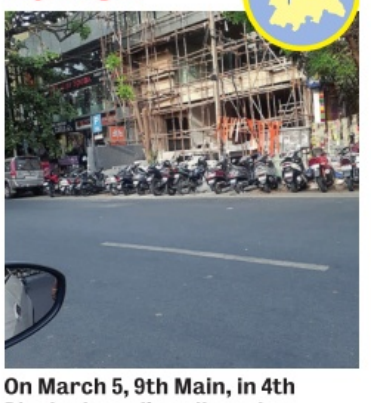
Fatal flaws
Nandini Layout

Just as potholes, unevenly laid slabs in the middle of the road, like this one across BHEL Colony are dangerous for motorists.

Waste space
JP Nagar

In 7th Phase, on Puttenahalli Road, at this spot, locals dump trash and no one cleans the spot. BBMP must clean and maintain the spot.

Parking trouble
Jayanagar



On March 5, 9th Main, in 4th Block, the police allowed two-wheeler parking in place of four-wheeler parking. Four-wheeler drivers are having trouble parking here now.

Win-win plan: Owners land a good deal

Around 10,781 sq ft of land will be given to owners who do not wish to receive cash payments for land acquired for development

| Bangalore Mirror Bureau
mybangaloremirror
@timesgroup.com
TWEETS @BangaloreMIRROR

Large and Medium Industries Minister Murugesh R Nirani on Tuesday stated that the Karnataka Industrial Areas Development Board (KIADB) has decided to allot an increased amount of land as an alternative to those whose land is being acquired for development purposes. Now, around 10,781 square feet of land will be given to owners who do not wish to receive cash payments.

In a statement in the Legislative Council, Nirani said the board had decided to allot an increased portion of land to the owners as an alternative to those whose land is being acquired for development purposes.

"Earlier, land owners were allotted 9,500 sq ft of developed land. The board will now allot 10,781 sq ft of land per acre following demand from the land owners. Any member of a family who lost the land will also be given a job in the industries set up in the acquired land as per his or her qualifications," Nirani said.

> **"Any member of a family who lost the land will also be given a job in the industries set up on the acquired land as per his or her qualifications**
> – Murugesh R Nirani, Large and Medium Industries' Minister

The Minister added that Karnataka was the only state in India where such a scheme was introduced where a land donor is allotted alternative land after the development of acquired land.

Explaining the details on the land acquired by the KIADB in the state, Nirani said that KIADB had acquired a total of 1,62,000 acres of land in various districts out of which, 83,058 acres for developing industrial areas and 79,017 acres for the single-unit complex were acquired.

Now, 10,781 sq feet land will be awarded instead of the earlier 9,500 sq ft

Earlier, in an effort to push industrial growth beyond Bengaluru, the Karnataka Industrial Area Development Board (KIADB) had said that it would develop new industrial areas in eight districts.

Nirani had said last month that KIADB was planning to develop new industrial areas in 2022-23. KIADB will develop Harohalli fifth phase in Ramanagara, Gauribidanur 3rd phase in Chikkaballapura, Madhugiri industrial area in Tumakuru, Jakkasandra 2nd phase in Kolar, Kuduragundi industrial area in Mandya, Arasikere industrial area in Hassan, Kadechur 2nd phase in Yadgir and Obalapura industrial area in Bengaluru rural.

Coming soon: Global Investors' Meet

Global Investors' Meet (GIM) 'Invest Karnataka – 2022' is slated to be held from November 2 to 4, 2022 at Palace Grounds in Bengaluru.
Karnataka has so far attracted Rs 1,02,866 crore in investments and remained the top FDI recipient in India with 46 per cent share in April-September 2021.
Karnataka was one of the top FDI recipients among the major states during the pandemic.
"We have implemented Industrial Policy 2020-25 with an aim to attract more foreign investments and push industrial growth in the state. Those who make more than Rs 500 crore investments will get special incentives," said Nirani.
According to him, KIADB has developed 188 industrial estates across the state so far and basic infrastructure facilities are in good condition.
He said the government has released Rs 525 crore under the Critical Infrastructure Development Scheme to upgrade infrastructure facilities in old industrial areas.

Of rainy spells & overcast skies

Met experts predict thunderstorms till March 25; lightning alert sounded for several districts in state

Bengalureans, keep those umbrellas handy and brace yourself for some more spells of thundershowers as the Met Department has predicted rainfall till March 25.

Meteorologist Sadananda Adiga from the India Meteorological Department, Bengaluru, said that cloudy weather would continue in the city on Wednesday as well while the temperature was predicted to be in the range of 20 and 33 degree Celsius.

The surface winds may be stronger at times and rainfall with thunderstorms could occur in the city till March 25. On Tuesday, the temperature was 33.5 degree Celsius, he said.

Explaining the weather systems affecting the city's rainfall pattern, Adiga said that the deep depression over north Andaman sea and adjoining areas of east-central Bay of Bengal is moving nearly northwards with a speed of 20 kmph. This weather system would continue to move north-eastwards inland over Myanmar and weaken gradually into a depression during the next few hours.

Rainfall was reported from coastal areas and south interior Karnataka on Tuesday while dry weather is prevailing over north interior Karnataka. While the mercury in Kalaburagi had touched 39.6 degree Celsius on Tuesday, Davanagere had a minimum temperature of 15 degree Celsius.

Bengalureans caught in the middle of a sudden bout of rain run for cover

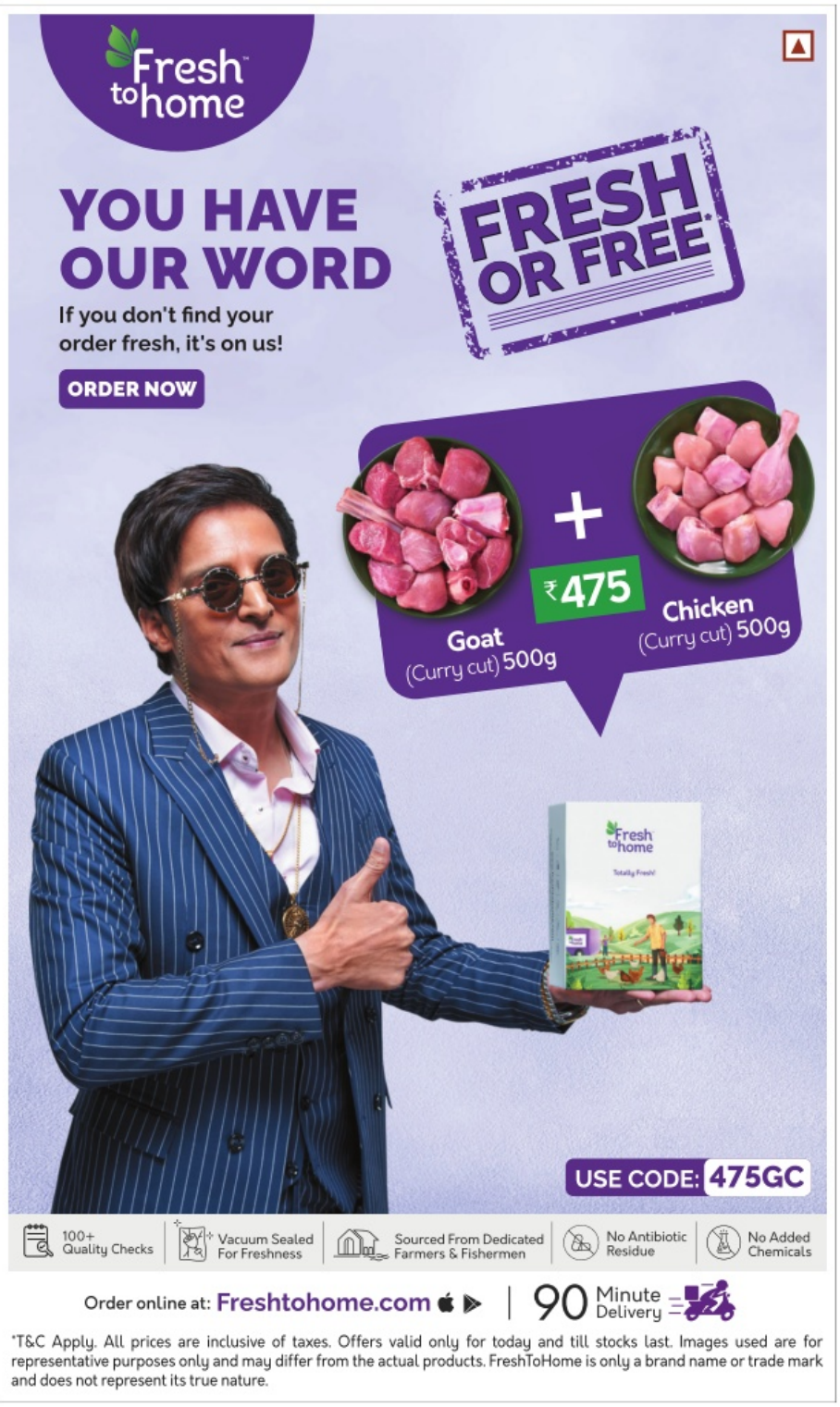
A few areas in north interior parts of the state (Belagavi, Dharwad, Gadag and Haveri) may experience rainfall for the next few days. There may be an increase in rainfall in south interior Karnataka as well. A lightning alert has been sounded for many districts in the south interior and coastal regions of the state for the next two days as well.

Shiva Kumar, a businessman said, "Generally, it is expected to have pre-monsoon showers around the time of Ugadi. Though Ugadi is still days away, we are already receiving rainfall."

According to him, while rainfall is good for reducing the day's temperature, the unseasonal rainfall may affect a few seasonal crops like mangoes. It is expected to be a bumper mango production this year.

"If the production is hit, then the prices of mangoes may go up this year also."

– Prakash VL


Fresh to home
YOU HAVE OUR WORD
If you don't find your order fresh, it's on us!
FRESH OR FREE
ORDER NOW
₹475
Goat (Curry cut) 500g
Chicken (Curry cut) 500g
USE CODE: 475GC
100+ Quality Checks
Vacuum Sealed For Freshness
Sourced From Dedicated Farmers & Fishermen
No Antibiotic Residue
No Added Chemicals
Order online at: Freshtohome.com
90 Minute Delivery
*T&C Apply. All prices are inclusive of taxes. Offers valid only for today and till stocks last. Images used are for representative purposes only and may differ from the actual products. FreshToHome is only a brand name or trade mark and does not represent its true nature.

Schools demand campus vax drives

CONTINUED FROM PAGE 1

home is playing big on their minds. Schools said while they cannot make the vaccine compulsory, it may be difficult for them to allow unvaccinated kids to attend physical classes.

"While there is some hesitancy among parents for vaccination, we are spreading awareness on the importance of it. It will be difficult for us to allow kids to attend classes unless vaccinated. We cannot shut the schools again," said MN Natesh Kumar, principal, Gurukul International School.

On-campus drives

According to BBMP's chief health officer, the Palike has not received permission from the government to conduct drives for 12–14-year-olds on campuses. "This is a new vaccine and as it is for younger children, we do not want to take chances. Children are being jabbed only at government health care centres as of now," said chief health officer Dr AS Balasundar.

However, many schools have now reached out to the Palike, requesting to conduct on campus vax drives.

"We have reached out to BBMP for an on campus vaccination drive. While the officials are reluctant to do it, we are trying to convince them so that the process is smooth," said the principal of a city-based school.

Schools said a drive on campus will ensure wider coverage. "The BBMP should help schools and conduct drives on campuses as was done for the age group of 15-17. The system is in place, tried and tested. We can conduct the drive during summer vacation," said Shashi Kumar.

Some institutions have tied up with private healthcare centres. "We have tied up with a multispecialty hospital to conduct the drive on campus. We are waiting for the hospital to confirm availability of stock," said Mansoor Ali Khan, board member, Delhi Public School.

Slow pace

BBMP officials said the pace of the drive for children aged 12 to 14 years, is leisurely. "Not only are parents hesitant, but exams are on in many schools. We hope the drive will pick up pace once vacation begins," said Dr Balasundar.

Your Connect

jobs

SITUATION VACANT

ACADEMIC

TEACHER

REQD Tutors for I Std to 12th Std., Commerce, JEE, NEET, DTP, Web Developers, Tele Callers & Marketing Exe. gurudronateam1@gmail.com

SRI SRI RAVISHANKAR VIDYA MANDIR
BANGALORE NORTH
INVITES APPLICATION
FROM EXPERICENCED QUALIFIED, PASSIONATE & INNOVATIVE EDUCATORS FOR THE FOLOWING POSTS
TGT - ENGLISH, MATHEMATICS
PRT - MATHEMATICS, EVS, ENGLISH, HINDI
MUSIC TEACHER & LIBRARIAN
APPLY WITH DETAILED RESUME, MOBILE NO & LATEST PHOTOGRAPH TO :
LINK https://bangalorenorth.ssrvm.org/carrers/
hr.pronorth@gmail.com
Ph : 080-2364 1305

EUROKIDS Vajarahalli-Kanakpura Road Nr KSIT College, Req Pre Primary Teachers With Good Communication Skills, Exp/ Fresher, Call: 9880170374

INDO SUNRISE GROUP OF INSTITUTIONS CBSE/STATE Requires Teachers with good communicative skill for all the Subjects, Music, Arts, Clerk. Contact no:8861078504 Mail to: principalisrischool@gmail.com

BY QUALIFICATIONS

GRADUATES

RECRUITERS needed for Staffing Co in BLR Graduate, v good English communication. Fresh graduates can also apply. Eml: suddhasatva@gmail.com

LEGAL

ADVOCATE

SRI-MURUGHA-LAW Associates (OPC) Pvt Ltd Requires Advocates / Clerks / Stenos / for its branch office at commercial street . 9900003820

MARKETING, ADVERTISING & SALES

BRAND MANAGER

REQD Marketing manager for DESIGN DECORE, Bangalore, an interior firm. Forward your cv at 8088126868 / 9740439062.

WALK IN

fipola
THE MEAT SUPERSTORE
Immediate Vacancy
Walk-in Interview
On 24th March 2022
At 9 A.M. to 6 P.M.
Bangalore 200+ Positions
BRANCH MANAGER
ASST. BRANCH MANAGER
CUSTOMER SERVICE ASSOCIATE
TEAM LEADER
BUTCHER
CDP, CHEF
QUALITY CONTROL ASSOCIATES
QUALITY CONTROL MANAGER
L & D MANAGER
HR EXECUTIVE
ASSISTANT HR MANAGER
STAFF ACCOMODATION AVAILABLE (ONLY FOR OUTSTATION CANDIDATES)
Monthly Salary Upto Rs. 30,000
PF / ESI & Other Benefits
ICON Boutique Hotel
210, 1st Main Road, Indiranagar, 2nd Stage, Domlur, Bengaluru - 560071
Mobile No: 63629 62231
94824 97949 / 080 - 4110 9890

GENERAL

REQUIRED FEMALE TELE CALLER for the Leading medi cal equipment company with or without experience work from office at St Mark's Road, B.lore. Call: 63635 36459 / 94484 82550

OTHER VACANCIES

MULTIPLE VACANCIES

SANGHVI CORPORATION , Leading stationery House requires Lady Accountant with 2 years Exp. Lady Billing Clerk knowledge of TALLY and Accounts. DELIVERY BOYS (MALE). Apply with Resume to bangalore@sanghvi-india.com or call: 98459 44210 / 99457 87881

PART TIME JOBS

GLOBAL International Friendship Club Required M & F Daily Earn 10,000 To 15,000 PF & ESI Benefits. WhatsApp: 9513045046 / 7022770604

RETIRED PERSONS

JOB opportunity for Senior Citizens Physically fit, 55 to 70 years register with us. Call: 9243737214. https:// www. nightingalesjobs60plus.com.

WORK FROM HOME

GOVERNMENT Affiliate Data Entry Typing Work From Home, Daily Payment, No Target, No Accuracy,With Govt Bond. For details M: 9742344447

TECHNICAL

GENERAL

WANTED ELECTRICIAN FOR A MANUFACTURING INDUSTRY at Veerasandra, Electronic City. Person Should HAVE GOOD WORKING KNOWLEDGE OF HT LINES, CNC and OTHER GENERAL MACHINERIES OF A Manufacturing Industry Contact- 9986746241 Email: autocastn@gmail.com

TO BOOK YOUR TIMES INTERACT ADS
Stay safe. Stay home.
Call/mail us for contact-less ad booking. To book your Times Interact ads
Call 080-23338111 / 9986482217
Email: ebenezer.winston@timesgroup.com
All digital payment solutions available

personal

WANTED Exp Workshop Manager & Supervisor for a 2 Wheeler Showroom in Koramangala, Good Salary + Incentive. Call : 9945083900.

CHANGE OF NAME

I Srividya Narne D/O, K Venkata Ramana Prasad R/o A-407,pavani Sarovar Apartment, Borewell Road, Nalluruhalli, Ramagondanahalli Whitefield, Bengaluru, have changed my name to Srividya Kollapaneni for all purposes

I, Jyothi D/o Nageshwar Rao.K, R/o C-5, 6th cross, Prakruthi nagar, Kogilu main, Maruthinagar, Yelahanka, Bengaluru 560064, have changed my name to JYOTHI KANAMNENI affidavit Dt.22/03/2022 Notary Harisha.G B'luru.

I Jagadeesha Kumar B M S/O, Munirajappa R/o Near Kattimaremma Temple Bommenahalli 560049 have changed my name to Jagadish Kumar Bm for all purposes.

I, SARTAJ BEGUM, W/o. Zaheer Pasha, R/o. #245/A, 7th Crs, Gangondanahalli, Nayandahalli, Blr-39, have changed my name to SURTAJ BEGUM vide affidavit dt: 22/03/22 before Notary K.MURALIDHARAN, B'lr.

I Asha Kollanur Liju D/o R Balakrishna Pillai R/o F1, 2nd Floor, Comfort Planet, 2nd Cross, 19, Venkatadri Layout, Doresanipalaya, Bannerghatta Road, Bengaluru 560076 have changed my name to Asha B

I, Noorunnisa Begum W/o Zameer Ahmed R/o #658 Holy Christ School , Uqbanagar , B'lore-560077 have changed my name to Noorunisa Amrit Vide affidavit dtd 22/03/2022

education

ADMISSIONS

ADMISSIONS open MBA/BBA/BA/Bcom/Bca/MA /Mcom/ MCA/Mphil, PhD/B.ED/Bpharma/Diploma/ BE/Sslc/PUC. PH- 9164116644

real estate

BANGALORE PROPERTIES

AIRPORT ROAD

FOR Sale 3 BHK, YEMALUR, Old Airport Road, East Facing, Ground Floor, Contact: 9686450065

FRAZER TOWN

SALE : 50'x80' A Khata site Opp. IOC Petrol Bunk, next to St Charles Convent, Hennur Road. Clear title. G N Properties 9845044179.

JP NAGAR

60X90 N/F & 80x120 S/F 100 Feet Ring Rd & 60x90 9th Cross Comrl & 40x43 N/W Corner JPN 2nd Phase Residential Sale Call SS Realtors: 9845760178

PROPERTY ANCILLARIES

INDUSTRIAL PREMISES

PRIME Industrial converted Land 30 acres, Narasapur, high -way connected, ideal for industries, warehouse, hotel. 1.95 Cr/ acre. Spacelinks- 9845129934

INDISTRIAL Properties! Buy/ sell/ rent around Peenya / Yeshwanthpur / Tumkur Road/ Yelahanka. Lands & sheds. Srinivas 9342842978

THE TIMES GROUP
Readers are recommended to make appropriate enquires and seek appropriate advice before sending money, incurring any expenses, acting on medical recommendations or entering into any commitment in relation to any advertisement published in this publication. The Times Of India Group doesn't vouch for any claims made by the Advertisers of products and services. The Printer, Publisher, Editor and Owners of The Times Of India Group publications shall not be held liable for any consequences, in the event such claims are not honoured by the Advertisers.

services

LOOKING FOR BRIDE?
Delhi based Handsome boy, height 5'7"/90, working as a Corporate Lawyer with a multinational company,
Email at: abc@xyz.com
Call on: 91XXXXXXXX

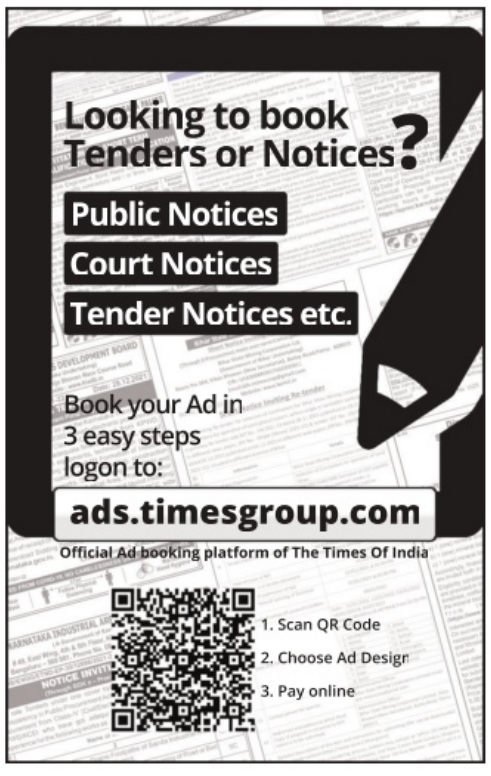
SCAN, SELECT & PAY for this attractive Template

- Logon to **ads.timesgroup.com**
- Select Classified Display & City
- Select the Design of your choice & Pay Online

business

FOR SALE

A reputed CORPORATE CATERING CO. having 2 production units, located at Whitefield & Bomanahalli, Bangalore, is available for SALE. Interested parties may contact at 9900197285 or ranjan@wecarefnb.com


Looking to book Tenders or Notices?
Public Notices
Court Notices
Tender Notices etc.
Book your Ad in 3 easy steps logon to:
ads.timesgroup.com
Official Ad booking platform of The Times Of India
1. Scan QR Code
2. Choose Ad Design
3. Pay online

TIMES inter ACT
Most people go their whole lives without having their story written. An obituary is where one can do them justice, where one can record their memory so that they live on forever. It's their life story, preserved to make sure the world remembers them.
logon to
ads.timesgroup.com
Times of India official Ad Booking Platform
1. Select City & Publication
2. Create / Upload your own Ad
Scan me
Readymade Creatives
100% Secure & Online
ads.timesgroup.com

GALLERIA
TRUVISORY KODECORE PVT. LTD.
Empowering a brighter future
INVITES VENDORS / FRANCHISEES
For IT & ITES Enabled Projects:
• Hardbooks Scanning • HTML Tagging.
• PDF to DOC Conversion.
Monthly Billing Upto 17,000 USD
• An Amazing Business Opportunity with the fastest growing company of India.
• Operating Since 2019.
• More then 1200 Live IT Projects functional.
• Committed to superior quality and results.
Call: 81001 87074,7605899671 (kodecore.com)

Karnataka's swachh hero

Fans follow his steps to start exposing black spots, getting them fixed

Bellie.Thomas
@timesgroup.com
TWEETS @Bellie_Mirror

Over a year ago, Aniruddha envisioned to start this mission when his character in Jothe Jotheyalli participated a cleanliness drive

Karnataka's favourite and lead actor of famous Kannada television soap 'Jothe Jotheyalli' Aniruddha Jatkar has another avatar... Whenever he is not at shoot, he dons a hat as a spear-header of cleanliness (Swachatha) and maintains his residential area clean. Whenever the actor stumbles on an untidy spot, he clicks pictures, takes videos and posts them on his social media, urging the authorities to get working. The best part is that the authorities oblige.

Taking note of his enthusiasm on the cleaning spree, the Hubballi-Dharwad district has appointed him as the brand ambassador for the Swach Sarvekshan, a cleaning campaign at his hometown Dharwad.

Jatkar told BM that he had a vision of cleanliness since he was a child. His vision bore wings around one and a half years ago when he was acting in 'Jothe Jotheyalli', where there were scenes involving him in a cleaning campaign. "Once I was on my way to a shoot and I saw a huge pile of garbage, literally an eyesore, at Sarakki Circle. I clicked pictures and shared them on my social media, tagging the BBMP authorities. The BBMP commissioner took a note of my post and had the authorities instantly remove the pile of garbage from the area. The next day, with the help of friends and fans, my wife Keerthi and I felicitated BBMP workers, including pourakarmikas and drivers," says Jatkar.

Since then, it has been a never-ending process and Jatkar makes sure that the eyesore spots are not only cleaned, but also ensures that the residents keep a watch on such spots so that the issue doesn't continue.

The initiative that Jatkar started in and around his residence in JP Nagar phase 2, his travelling routes, and his visiting spots, slowly started expanding in JP Nagar, to Jayanagar, Banashankari and even Kanteerava Studios. "Once I saw that the fence at Kuppa Reddy lake near Shri Shri Ravishankar's Ashram was covered with weeds and creepers. The weeds and creepers made the fence look like a discarded spot and people started dumping garbage. After I shared the issue on social media, a few fans and friends decided to clean up the spot and we jumped into action. Volunteers from the Rashtriya SwayamSevak Sangh joined us. After that, commuters can now get a lake view while crossing the stretch," Jatkar said.

> **After the area was cleaned, taking help of friends and fans, my wife Keerthi and I felicitated BBMP workers** –Aniruddha

Impressed with the celebrity's cleaning spree, a local women's association, Women For Wisdom, had made Jatkar the brand ambassador for their cleaning campaign. Following Jatkar's footsteps, his fans now have taken the liberty to post sightings of blackspots across Karnataka and they tag Jatkar and the civic authorities, to get the issue addressed on priority.

Keeping a tab on the actor's deeds on cleanliness, the municipal corporation of the twin cities of Hubballi-Dharwad recently appointed Aniruddha Jatkar as their brand ambassador for their clean campaign Swach Surveksha.

Jatkar also told BM that besides identifying black spots caused by dumping garbage and debris, he also looks for overhead-cables that are entangled on trees and electric poles. Jatkar is also against nailing on trees and promptly takes photographs and makes videos and shares them on social media.

Acquittal in criminal case can't bar disciplinary action by employer: SC

The Supreme Court on Tuesday said acquittal of an accused in a criminal case does not debar their employer from proceeding in the exercise of disciplinary jurisdiction.

A bench of Justices DY Chandrachud and Surya Kant said: "Unlike a criminal prosecution where the charge has to be established beyond reasonable doubt, in a disciplinary proceeding, a charge of misconduct has to be established on a preponderance of probabilities.

"The rules of evidence which apply to a criminal trial are distinct from those which govern a disciplinary enquiry. The acquittal of the accused in a criminal case does not debar the employer from proceeding in the exercise of disciplinary jurisdiction."

Noting that disciplinary proceeding is an enquiry into an allegation of misconduct by an employee which results in violation of service rules, the bench said: "In the exercise of judicial review, the court does not act as an appellate forum over the findings of the disciplinary authority.

"The court does not re-appreciate the evidence on the basis of which the finding of misconduct has been arrived at in the course of a disciplinary enquiry."

> **The Supreme court allowed an appeal by the Karnataka government challenging the state HC's Kalaburagi bench order passed in Nov 2017**

The top court allowed an appeal by the Karnataka government challenging the state High Court's Kalaburagi bench order passed in November 2017. Counsel V.N. Raghupathy represented the Karnataka government in the top court.

The high court had then set aside a decision for compulsory retirement of Umesh, a village accountant in Bijapur district, on a charge of bribery, observing that the accused had been acquitted in the criminal case.

But the apex court said: "The acquittal of the respondent in the course of the criminal trial did not impinge upon the authority of the disciplinary authority or the finding of misconduct in the disciplinary proceeding."

It held that the division bench of the high court exceeded its jurisdiction under Article 226 and trenched upon a domain which falls within the disciplinary jurisdiction of the employer.

"The enquiry was conducted in accordance with the principles of natural justice. –IANS

IN BRIEF

Dindigul Thalappakatti largest biryani brand

One of the most celebrated legendary brands, Dindigul Thalappakatti has been assessed as the largest biryani brand of India as per Indian Organised Biryani Market Industry report published by Technopak. The recognition outlines the company's commitment to quality, presentation and service provided across India and outside India.

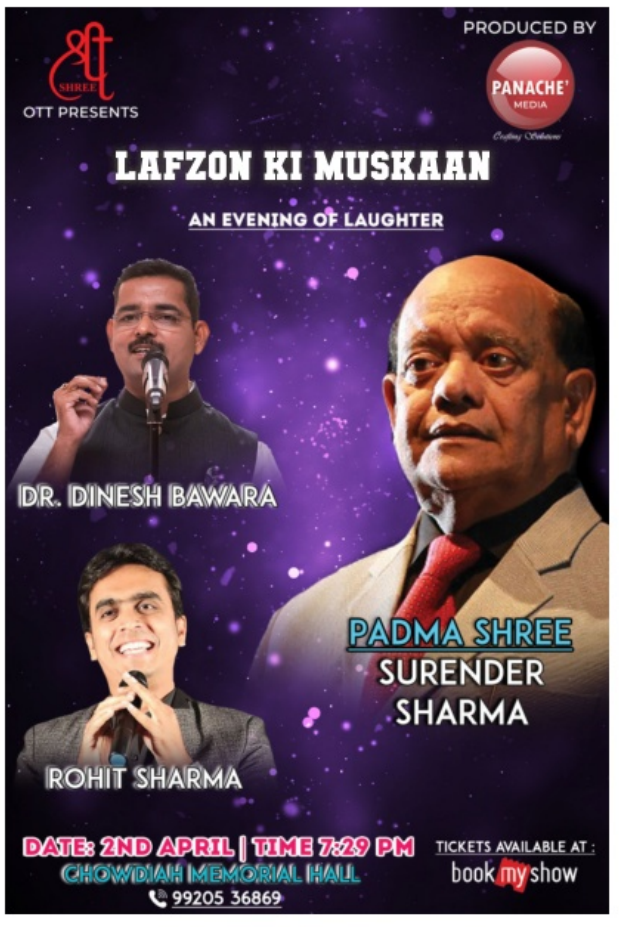
The Indian food services market has witnessed a strong growth momentum in the last decade due to changing consumer behaviour that has seen an increase in the tendency to eat out; ensuring the constant growth of the Indian food services market. Due to covid, consumers have become more cautious about hygiene and safety issues. –ANI

BMS College hosts all-India chess tourney

BMS College of Commerce and Management in VV Puram, organised an all-India chess tournament, 'Mindtrick 2022 – Inter-College Chess Competition', in association with the Mandya Chess Academy on Tuesday.

Dr Pankaj Choudhary, Principal of BMSCCM, welcomed chief guests Master Pranav V, Youngest International Chess Master of India and Arvind Shastri, CEO KSCA & National 'A' Player. The other dignitaries who shared the dais were Aviram Sharma, Chairman, BMSCCM and Trustee BMS Educational Trust, B S Sanjeeva, Director Finance BMSET and Madhuri from Mandya Chess Academy. There were around 258 participants from across the country.

The tournament had a total cash prize of Rs 50,000. Prajwal V P from St Claret College, Bengaluru emerged as the champion and took home a trophy and cash prize of Rs 25,000. –BMB



Maha CM's kin in ED radar
The ED said it has attached assets worth Rs 6.45 crore of a firm owned by the brother-in-law of Maharashtra CM Uddhav Thackeray in a money laundering investigation

BangaloreMirror | 8
Wednesday, March 23, 2022
mybangaloremirror@timesgroup.com
facebook.com/thebangaloremirror
@BangaloreMirror

All fuelled up: Prices go up, up and away

While petrol, diesel prices hiked by 80 paise a litre each, LPG rate is at record high with ₹50 rise per cylinder

#New Delhi

Petrol and diesel prices were on Tuesday hiked by 80 paise a litre each while domestic cooking gas LPG rates were increased by Rs 50 per cylinder as state oil firms ended an over four-and-a-half month election-related hiatus in rate revision.

Petrol in Delhi will now cost Rs 96.21 per litre as against Rs 95.41 previously while diesel rates have gone up from Rs 86.67 per litre to Rs 87.47, according to a price notification of state-owned fuel retailers. In Mumbai, the petrol price has been hiked by Rs 0.84 per litre to Rs 110.82 per litre, and diesel by Rs 0.86 to Rs 95 per litre. The rates, which differ from state to state depending on the incidence of local taxes such as VAT, are likely to continue to rise over the next few days as state oil firms recoup losses from keeping prices on hold for a record 137 days.

According to CRISIL Research, a hike of Rs 15-20 per litre is required to fully pass through a USD 30 per barrel increase in the cost of raw material (crude oil).

Simultaneously, the price of non-subsidised LPG cylinders has been increased to Rs 949.50 per 14.2-kg bottle in the national capital and Mumbai, and to Rs 976 in Kolkata.

While LPG rates were last revised on October 6, 2021, petrol and diesel prices had been on a freeze since November 4 as five states, including Uttar Pradesh and Punjab, went to the polls.

A worker unloads LPG cylinders in Bengaluru on Tuesday

LPG prices had gone up by close to Rs 100 per cylinder between July and October 6, 2021, before criticism halted the monthly revision in rates.

Non-subsidised cooking gas is the one that consumers buy after exhausting their quota of 12 cylinders at subsidised or below market price. However, the government pays no subsidy on LPG in most cities and the price of the refill that consumers, including the poor women who got free connection under the much-talked Ujjwala scheme, buy is the same as non-subsidised or market price LPG.

This is the highest rate ever that subsidised LPG users will pay. The non-subsidised rate had peaked at Rs 1,241 in January 2014, but at that time, the government provided as much as Rs 600 per cylinder subsidy.

Since May 2020, no subsidy has not been provided to consumers except some to those in far-flung areas to make up for higher inland freight. The resumption of fuel price hikes has fanned concerns of stoking inflation, which is already above the targeted 6 per cent level. **– PTI**

Lalu's health worsens, shifted from Ranchi to AIIMS in air ambulance

#Ranchi

Incarcerated Rashtriya Janata Dal (RJD) supremo Lalu Prasad's health condition has deteriorated and he has been shifted to AIIMS, New Delhi for better treatment, officials said on Tuesday.

A medical board of the Rajendra Institute of Medical Sciences (RIMS) here referred him to AIIMS New Delhi, they said.

"RJD chief Lalu Prasad has been taken to Delhi in an air ambulance," Ranchi's Birsa Munda Airport Director Vinod Sharma told PTI.

Dr Vidyapati, who heads a seven-member team of doctors formed by RIMS to treat Prasad, earlier said, "The medical board has recommended that Prasad be referred to AIIMS New Delhi as his condition has deteriorated."

Prasad was sentenced by a special CBI court to five years imprisonment and slapped with a fine of Rs 60 lakh on February 21 after being convicted in the embezzlement of Rs 139 crore from Doranda treasury in the fodder scam.

The court had convicted Prasad on February 15 and pronounced the quantum of the sentence after virtually hearing the arguments.

Lalu Prasad Yadav being shifted to All India Institute of Medical Sciences (AIIMS), Delhi, from Rajendra Institute of Medical Sciences (RIMS)

"Prasad's creatinine level has increased to 4.6, which was earlier at 3.5. Blood sugar and blood pressure have been fluctuating. The sugar level is hovering between 150 and 200 mg/dl," Dr Vidyapati said.

The ebullient politician suffers from multiple ailments, including renal problems.

"His kidney is functioning at 15-20 per cent capacity," Dr Vidyapati said. **– PTI**

All Indians legally bound to reply census queries

#New Delhi

Every Indian is legally bound to answer census questions and all requisite steps are being taken to carry out the census and the National Population Register exercise smoothly, Lok Sabha was informed on Tuesday.

Union Minister of State for Home Nityanand Rai said the state governments appoint census officers to take or aid in or supervise the census exercise under the provisions of the Census Act 1948.

"Every person is legally bound to answer the census questions to the best of his or her knowable or belief.

"All requisite measures are taken with the support of the state governments to conduct the census and the National Population Register (NPR) exercise smoothly," he said in a written reply to a question.

Interruption

The housing listing phase of the census and the exercise to update the NPR were scheduled to be carried out across the country from April 1 to September 30, 2020 but postponed due to the covid-19 outbreak.

According to the earlier schedule, the reference date of the census was March 1, 2021 and October 1, 2020 in the snow-bound Jammu and Kashmir, Himachal Pradesh and Uttarakhand.

The census operation continues to be on hold and the government has not yet announced the new schedule. **– PTI**

SC allows registration of BS-6 light, heavy diesel vehicles

#New Delhi

The Supreme Court on Tuesday allowed the registration of light and heavy diesel BS-6 vehicles, which are used for public utility and essential services. Senior advocate ADN Rao, who was appointed as amicus curiae, submitted before a bench headed by Justice L Nageswara Rao that BS-6 light and heavy diesel vehicles are used for public utility and essential services, and they may be allowed to get registered.

The bench, also comprising Justice BR Gavai, directed the authorities concerned that they should not seek court orders for the purpose of registration of these vehicles.

"We are of the considered view that the registration can be permitted in respect of BS-VI light and heavy diesel vehicles used for public utility and essential services," it said.

The bench emphasised that the registering authorities should not insist on a court order to register public utility and essential services vehicles. During the hearing, counsel informed the bench after an observation by the National Green Tribunal against the registration of heavy-duty vehicles, the authorities had insisted on court orders.

The top court was hearing various pleas seeking permission for registration of BS-6 diesel vehicles. **– IANS**

Danish Siddiqui's parents lodge ICC plaint against Taliban

#New Delhi

The family of slain Pulitzer-winning photojournalist Danish Siddiqui has lodged a complaint with the International Criminal Court to probe his killing and to bring to book those responsible, including high-level commanders and leaders of the Taliban, their lawyer Avi Singh said on Tuesday.

Siddiqui, 38, was on assignment in Afghanistan when he was killed on July 16 last year. The journalist was covering clashes between Afghan troops and the Taliban in Spin Boldak district of Kandahar city.

Addressing a press conference, Singh said the formal complaint has been filed against Taliban commanders, including Mullah Hibatullah Akhundzada, Supreme Commander of the Taliban; Mullah Hassan Akhund, Head of the Taliban Leadership Council; Mawlawi Muhammad Yaqoob Mujahid, Minister of Defence, Taliban; Gul Agha Sherzai, Governor of the Kandahar Province; Zabbihullah Mujahid, Taliban spokesperson; and Mullah Abdul Ghani Baradar, Head of Taliban's Political Office in Qatar.

In this file photo, journalists in New Delhi, pay tribute to Reuters photographer Danish Siddiqui

The complaint has also been filed against local commanders as well as perpetrators. Singh said they will also be seeking help from the Indian government in the matter.

"We have just filed before the International Criminal Court (ICC) a complaint with regard to the condition of war crimes and crimes against humanity on and about July 16 in the context of Pulitzer prize winning photojournalist Danish Siddiqui's murder," he said. **– PTI**

HEALTH TIP: Amaranth seeds have anti-inflammatory properties and also help in reducing blood pressure levels and promotes smooth digestion

Banana flowers enhance breast milk production, maintains blood sugar and eases menstrual discomforts

Sunscreen your hair

Too much exposure can damage hair shaft and result into brittle, frizzy strands, says expert

Kayalvizhi Arivalan
mybangaloremirror
@timesgroup.com

TWEETS @BangaloreMirror

Sunscreen is the most crucial product in your skincare routine, according to dermatologists, cosmetologists, and aesthetics. It shields the skin from damaging UVA and UVB rays, preventing damage, pigmentation issues, acne, and other skin diseases. Have you ever considered what kind of protection our hair will require, given that it is subjected to the same climatic and environmental circumstances as our skin? What about our tresses? Do they also require sun protection? The answer is an unequivocal yes.

"Just like skin, hair needs protection from sun exposure as well. Sun can damage hair in multiple ways. It can damage the hair shaft and result into brittle and frizzy hair, split ends, discolouration and early greying of hair," says Nandan Gijare, Founder and Director, I2CAN (Indian Institute of Cosmetology, Aesthetics and Nutrition), who explains the impact of sun exposure on hair in detail:

- UVA and UVB radiation contained in the sunlight degrades pigments in the hair called melanin. Melanin is responsible for the colour of our hair. With degradation in melanin, hair colour fades and early greying happens.
- Sunlight also degrades the quality of some important proteins in hair shaft. This results into hair becoming more brittle, stiff and dry.
- Outermost layer of the hair is called cuticle. This layer protects the inner layers of the hair. Excessive sun exposure can damage these cuticles, thus exposing the rest of the hair shaft to external environment. Damaged cuticles do not reflect the light properly, hence giving rough and dull appearance to hair. Cuticle damage also results into split ends.

One should remember that hair shaft cells are dead cells. Once they are damaged, it stays till the time they are shed. This can take a long time, usually from a few months to even a few years.

Here are some recommended ways to protect the hair

Wear a hat: Wear a broad brimmed hat to protect your hair from direct exposure to sunlight. It will also protect your hair from excessive heating.

Avoid chemical treatments: Avoid chemical treatment of hair during summer. Chemicals weaken your hair. Chemically treated hair has much higher chances of getting severely damaged by sun exposure.

Use sun protection for hair: There are a lot of products available to protect your hair and scalp from sun exposure. These products come in the form of powder, creams, lotions, gels, and sprays. Use a good quality stay on product with an SPF of 30+.

Try co-washing: Do not use shampoo excessively during summer. Instead try cleansing your hair with conditioner (it's called co-washing your hair).

Protect your hair from extra heat: Avoid blow drying or straightening irons just before going out. Especially during summer, your hair is already exposed to heat from the sun. Using these products right before going out can cause added damage.

Stay hydrated: Make sure you consume lot of fluids. This will keep your skin and hair hydrated and healthy.

Include antioxidants in your diet: UVA and UVB radiation from the sun can cause lot of oxidative stress. Hence you should make sure that your diet contains lot of antioxidants to neutralize the free radicals. A rainbow diet (containing fruits and colours of at least 4-5 different colours) is loaded with anti-oxidants and can help during summer.

Try these DIY hair masks

- Mix fresh aloe vera pulp with a few drops of lemon and apply it on hair and scalp for 15 mins. Rinse with plain water.
- Mash a ripe banana and make a smooth paste. Add one tablespoon honey to this paste. Apply on hair and scalp for 15 minutes and rinse with plain water.
- Use egg white for oily hair, egg yolk for dry hair and whole egg for normal hair. Mix this with 1 tablespoon olive oil and 1/3 cup mayonnaise. Blend the ingredients and apply it on your hair and spread it evenly using long toothed comb. Keep it for 30 minutes and then rinse it with lukewarm water.
- For all of these procedures described above, use diluted vinegar solution for final rinsing rather than using plain water. This will add extra shine and bounce to your hair.

MIRRORLIGHTS

Tips for financial parenting

Parents instill in us crucial life lessons, one of which must be about money. Starting young can give them the confidence they need to take charge of their finances later in life. According to a study, financial parenting results in cost savings for families as well as future financial rewards as children grow into adults. Modern money management tools can help lubricate the kids' financial journey. Ankit Gera, Junio's co-founder, suggests simple strategies to accomplish this.

Perks of pocket money

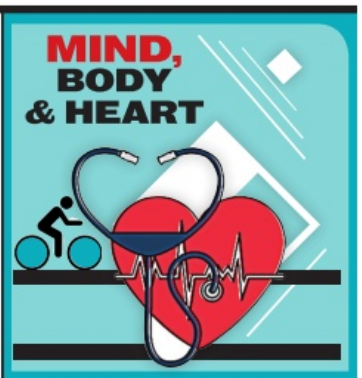
It's important to talk about money with children early and often. One of the best ways to begin is by letting them earn money or their weekly allowance. As a parent, let's say, give them their share of pocket money in exchange for doing chores at home. It will instill confidence, a sense of responsibility as well as the value of hard-earned money.

Have money conversations

Use pocket money or weekly allowance as their first budget lesson. Teach young kids how to divide pocket money for spending and saving. Learning how to manage personal finances at a young age will make them confident in financial management.

Guide them young

Financial parenting plays a significant role in carving a child's financial behavior. If they know they want to buy something, help them understand how to track their earnings, spending and also guide them where to save, physically or digitally. For young kids, it could be a piggy bank, which at an older age can be shifted to bank accounts. — Femina



All problems solved

Dear Coleen

I have been seeing a guy I met online for a few months. He's incredibly good-looking and very sexy, and that's my problem.
Whenever we're in bed together, I'm so self-conscious and I can't relax enough to orgasm, so I'm always faking it.
I've never had a problem with orgasms with any other partner.
In fact I've always found it easy, unlike some of my friends.
I like this man a lot, but the thought of faking sex all the time is a bit depressing.
I end up pleasuring myself once he's left. What can I do?

COLEEN SAYS

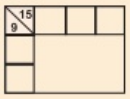
Have a bit of self-belief, love. What you're saying is: "I'm not good enough for this fella – he doesn't fancy me."
Well, he's dating you and in bed with you, so clearly that's not true.
I might feel the same if I dated someone super-groomed who wore designer gear all the time.
It would make me feel a bit insecure and perhaps I would wonder why he was with me.
But that would be my problem, and not his. What you should be thinking is: "God, I'm gorgeous because he could date anyone and he wants me."
You need to have some faith in yourself and turn into the tiger you know you are. Confidence is the sexiest quality in anyone.

—Coleen Nolan, Daily Mirror

mybangaloremirror@timesgroup.com
facebook.com/theBangaloremirror
@BangaloreMirror

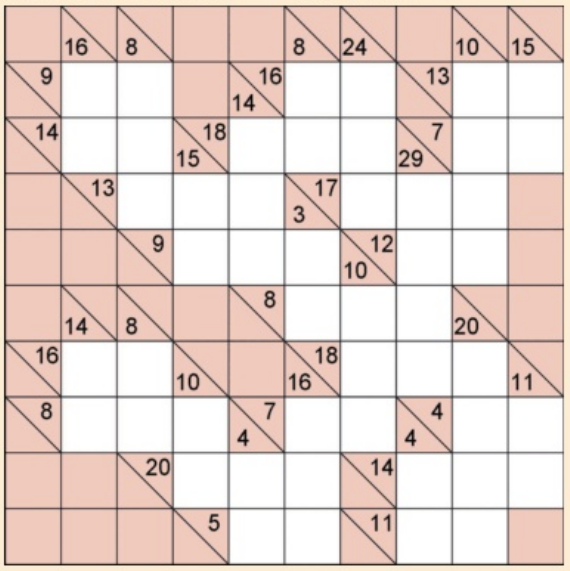
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

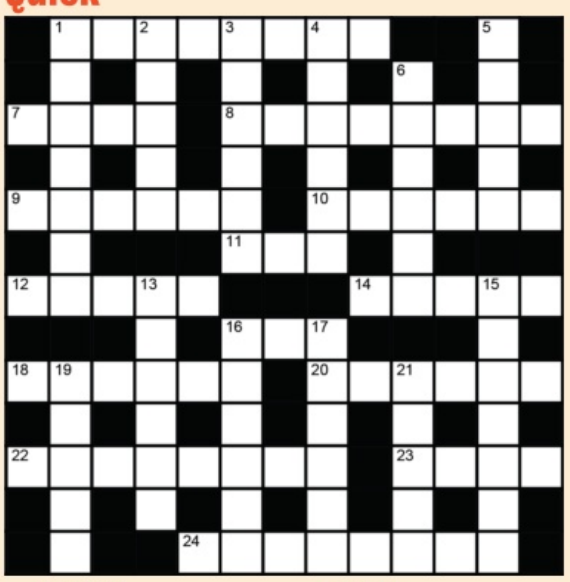


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

1 Dissertation (8)
7 Small insect (4)
8 Substitutes (8)
9 Allow or cause to escape? (3,3)
10 Wides and no balls (6)
11 Craze or peculiar notion (3)
12 Avow or aver (5)
14 Remove feathers (5)
16 Varsity (3)
18 Infants or nurslings (6)
20 Title of respect for a man (6)
22 Amusement park on the Bangalore – Mysore highway (8)
23 Small rodents (4)
24 Spends frivolously (8)

DOWN

1 Of maximum height? (7)
2 Muse of poetry (5)
3 Table of fixed charges and rates (6)
4 Dipped in liquid (6)
5 Last Greek letter (5)
6 Fireplace facing (6)
13 Chinese secret societies (6)
15 Forces or bullies (7)
16 Moneylender (6)
17 Effect, brunt or thrust? (6)
19 Battery terminal (5)
21 Battle of the ___ : famous allied offensive in World War I? (5)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: N EQUALS S

VDG GAAKN YFN KFHHFPQE-JFAN OAPDQNA JYAM DUA GAPANNDUM JC AGLCM NQP-PANN.

Linemaro

Oh, that's why the sky is so grey today, all the blue is in your eyes

Mindchow

Money couldn't buy you friends, but you get a better class of enemy

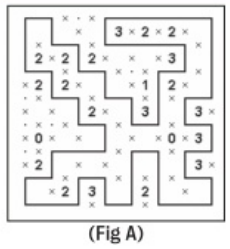
Joke of the day

Cauterize: Made eye contact with her

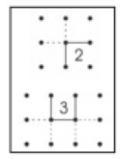
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)

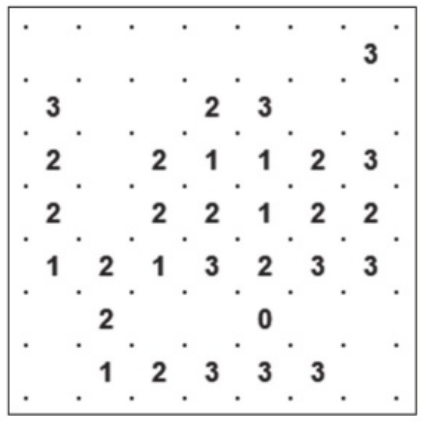


(Fig B) Not Allowed

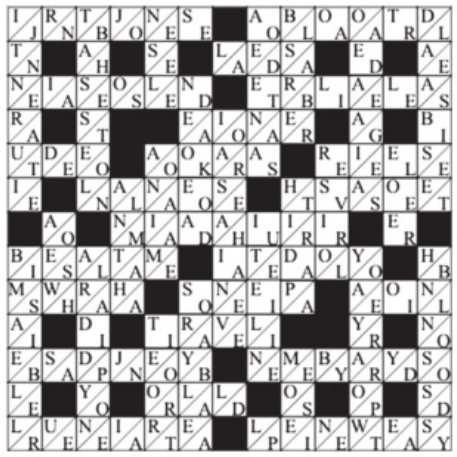
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



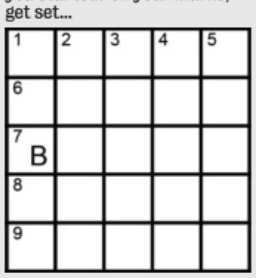
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

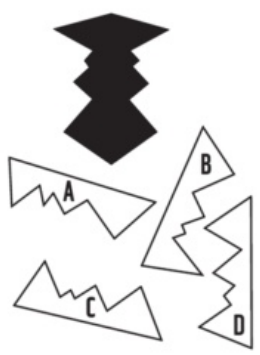
1 A lump; 6 Boner;
7 Baled; 8 Hi tec;
9 So Hug

DOWN

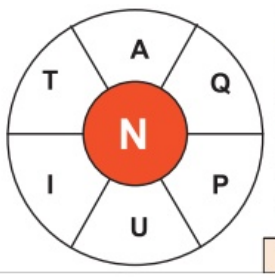
1 Babes; 2 Mo lot;
3 Rah up; 4 Dug in;
5 Cheel

Mensapuzzle

A sheet of paper is folded in half and cuts made into it. The paper is then unfolded to reveal this shape. Which of the figures – A, B, C or D – shows the original cuts?



Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

09 Average; **10** Good; **12** Outstanding

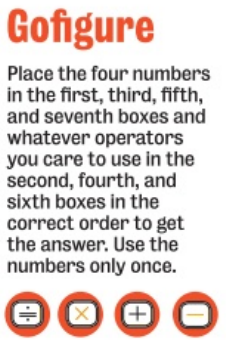
SudokuChallenge

	6						2	
	4		6	3	8		7	
3		1				9		6
		8	9	5	3	7		
		5	7	1	4	8		
7		2				6		4
	3		2	6	7		8	
	9						3	

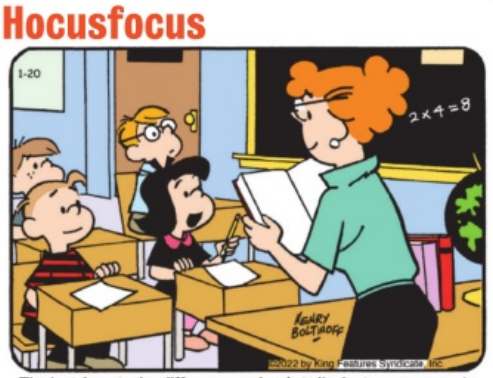
To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

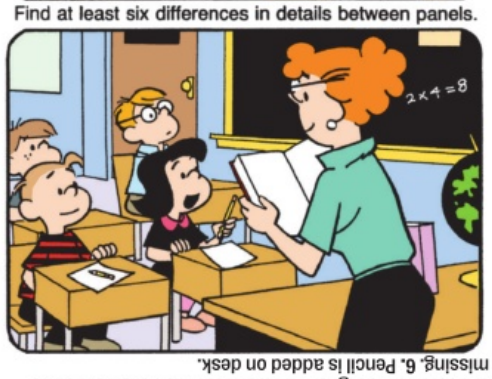
Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.



Hocusfocus



Find at least six differences in details between panels.



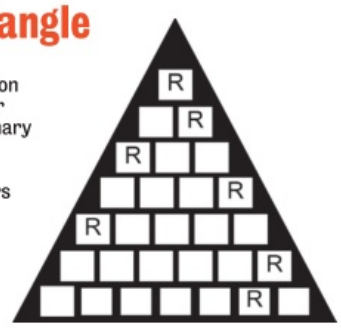
Differences: 1. Desk leg is missing. 2. Book is missing. 3. Doorknob is higher. 4. Blackboard is wider. 5. Bow is missing. 6. Pencil is added on desk.

Riddler

What different types of Radio are represented below? (Don't take it too seriously)
1) 8 Fingers 2 thumbs Radio
2) BlackBeard Radio
3) 90% Fat free Radio
4) Sister to Sister Radio

Alpha triangle

1 Right letter
2 Sound of hesitation
3 Female sandpiper
4 Prophet or visionary
5 Smells strongly
6 One searching
7 Finders __ , losers weepers?



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

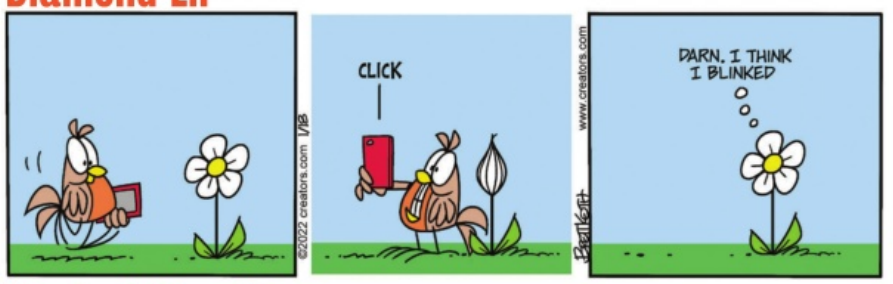
Redeye by Mel Casson

BETTER WATCH OUT FER POISON IVY, CHIEF!
THERE'S NO POISON IVY AROUND THIS TIME OF YEAR, JERKYMIAH
I WUZ AFRAID YOU WUZ GONNA SAY THAT!
1-7

Bizarrotrip

BIZARRO.COM
Wayno & Piraro 1-18-22
There's no way I can deliver 37 plays and 150 sonnets. I've got no monkeys, and typewriters haven't been invented yet.

Diamond Lil



Hart of the city

YOU'RE ALL INVITED TO THE MYSTICS THE GROUPING TOURNAMENT NEXT WEEKEND! IT'S ALSO MY BIRTHDAY, SO YOU'RE REQUIRED TO BE THERE.
OOH! A NERD GATHERING. THIS WILL BE GREAT FOR MY PENPAL'S LETTER!
HEART, YOU'RE A NERD TOO! WE WERE JUST TALKING ABOUT FANFICTION. YOU PLAYED DUNGEONS AND ALSO DUNGEONS WITH US!
MMM, NO... I DON'T REMEMBER ANY OF THAT.

Crankshaft

Mutts

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today you may feel dull; you may have some health issues. You are advised to postpone making investments in your business. It is also advised to not start a new venture. You are likely to face losses in the business. Your gains are likely to convert into losses.

Taurus Apr 21 – May 20
Today, you may feel good; domestic harmony may make you happy. You may meet some influential person to get some benefits on the work front. You are likely to perform well in your job; you may expect some rewards in terms of promotions. Disputes in inherited property are likely to settle down.

Gemini May 21 – Jun 21
Today you may be healthy; you may be able to focus towards your goals. Your performance may be very good at work; your boss may be happy with you, and you may get some important responsibilities at work. You may hear good news in any legal matter. You are likely to control your opponents and business rivals.

Cancer Jun 22 – July 23
Today, you may prefer gaining knowledge; you may understand the value of an intellectual asset. Sometimes, you may control your short temper; which may help you to perform your task smoothly. There may be some chances in smooth earning which may give you comfort in the work flow. You are advised to be careful before making new investments in assets. You are likely to spend money for love once. Lovebirds may enjoy their happy moments.

Leo Jul 24 – Aug 23
Today, you may be dissatisfied, you have some sort of detachment for your responsibilities, which may make you confused. You may plan hypothetically for your projects; you are advised to be practical in your work to complete it on time. You may also take care of your parents. If you're planning to migrate somewhere, it is advised to postpone it for some days.

Virgo Aug 24 – Sep 23
Today is a positive day for you; you may get success for your hard work on the professional and domestic front. You may focus well and you may complete your work on time, which can improve your self-confidence. You may also expect some work-related short trip, which may be beneficial in the near future in terms of your network.

Libra Sep 24 – Oct 22
Today, you may be busy in domestic issues. You may spend money in buying some artefacts or household stuffs. You are advised to control spending on worthless stuff, otherwise it may attract negative energy in the house. You are also advised to control your harsh speaking with the people around you.

Scorpio Oct 23 – Nov 22
Today, you may feel comfortable after a messy situation. Your vitality may help you to implement some difficult decisions in parental business which may grow it. You may help needy peoples around, which may increase your social respect. Students might be clear in choosing their career options.

Sagittarius Nov 23 – Dec 22
Today, you may face health issues, which may make you impatient. You are advised to control your short temper. You may spend your hard-earned money in buying worthless stuff, it may affect your savings. Lovebirds are advised to avoid discussions on worthless topics, otherwise there might be a breakup.

Capricorn Dec 23 – Jan 20
Today, you may meet some influential person, who may help you in the progress of your work. Your network will be strong with the help of that person. You may prepare yourself to implement new ideas in to your work or business. You will plan to invest more capital into your business which may give you financial gains in the near future. In terms of domestic life, you will be busy in family get-togethers and social events.

Aquarius Jan 21 – Feb 19
Today, your mothers' health may be good. You may enjoy work; you may get rewards for your hard work. Your social respect may be increased now. Overworking your mind may make you tired; due to workload, you may not be able to reach some family event.

Pisces Feb 20 – Mar 20
Today, you may be satisfied with at work. You may plan for a short work-related trip. You may also visit some religious place to maintain your inner peace. Your gurus may show you the right path, which may give you clarity in regarding your goals.

KIDZONE

Samhitha V Kumar, 6 Years, Delhi Public School

Madhu R, 9 Years, Presidency School

Kidzone, Bangalore Mirror, No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018; Please send hard copies of your artwork in A4 size only.

SOLUTIONS

RIDDLER
1) Digital (Digit All / All Digit) Radio, 2) Pirate Radio, 3) Local (Low Gal) Radio, 4) Transistor (Trans Sister) Radio

QUOTE UNCODE
Man needs his difficulties because they are necessary to enjoy success.

BULL'S EYE
aunt, inapt, input, pain, paint, pant, pint, PIQUANT, punt, quaint, tuna, unit

FAST FIVE

A	M	P	U	L
B	O	R	N	E
B	L	A	D	E
E	T	H	I	C
S	O	U	G	H

STRIKE OUT

I	N	T	O	N	E	A	B	O	A	R	D			
N	A	E	L	E	A	D	E							
N	I	S	E	N	T	R	I	A	L	S				
A	S		A	O	N	E	G	I						
T	E	E	O	K	R	A	E	E	L	S				
E	L	A	N	E	S	T	V	S	E	T				
A	M	A	D	H	U	R	I	R						
I	S	L	A	M	I	T	A	L	Y	B				
S	H	A	H	S	N	I	P	A	I	L				
B	A	B	I	E	S	M	I	S	T	E	R			
A	I	T	A	E	L	R	O							
B	A	D	J	O	B	E	M	B	R	Y	O			
E	O	L	D	O	O	A	D							
L	U	N	A	T	E	L	E	W	A	Y				

QUICK

T	R	E	A	T	I	S	E	R	S					
A	R	A	O	M	M	E								
F	L	E	A	R	E	P	L	A	C	E	S			
L	T	I	P	N	G									
L	E	T	O	F	F	E	X	T	R	A	S			
S	T	A	T	E	P	L	U	C	K					
R	U	N	I	O										
F	A	D	E											
A	R	E	S	T	A	C	K							
O	N	D	E	R	L	A	M	I	C	E				
N	A	U	P	O	R									
B	A	I	S	M	I	S	T	E	R					
S	O	N	I	P	A	I	L							
E	L	A	T	V	S	E	T							
A	M	A	D	H	U	R	I	R						
I	S	L	A	M	I	T	A	L	Y	B				
S	H	A	H	S	N	I	P	A	I	L				
B	A	B	I	E	S	M	I	S	T	E	R			
A	I	T	A	E	L	R	O							
B	A	D	J	O	B	E	M	B	R	Y	O			
E	O	L	D	O	O	A	D							
L	U	N	A	T	E	L	E	W	A	Y				

MENSA PUZZLE
B.

SOLVE IN 1M
=[(2−1)¼+(1/2)²]⁴-/'
=[2−¼*2²]⁴-/'
=[2−¼+2²]⁴-/'
=[2'/"]⁴-/'
=2'
=2

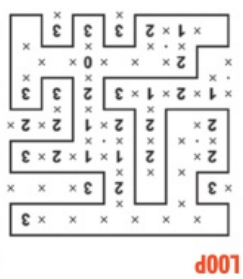
SUDOKU

5	6	7	4	9	1	3	2	8
2	4	9	6	3	8	1	7	5
3	8	1	5	7	2	9	4	6
4	1	8	9	5	3	7	6	2
9	7	3	8	2	6	4	5	1
6	2	5	7	1	4	8	9	3
7	5	2	3	8	9	6	1	4
1	3	4	2	6	7	5	8	9
8	9	6	1	4	5	2	3	7

ALPHA TRIANGLE
R, Er, Ree, Seer, Reeks, Seeker, Keepers.

GO FIGURE
Easy
2 − 8 + 2 + 5 = 1
Medium
9 + 3 + 6 + 1 = 19
Hard
4 / 2 + 4 + 1 = 7

LOOP



KAKURO

Volume No 15, Issue No 196 RNI NO:KARENG/2007/21142 Published for the Proprietors, Metropolitan Media Company Ltd by R.J. Prakashan at No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018 and printed by him at Fourth Estate Ltd, No. 9/10/11-A, 4th Main, Bommasandra Industrial Area, Hosur Road, Bengaluru 560099 (Phones : Press : 080-22899999; Editorial : 080-40877666, Fax – 40877545, Registered Office: No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamarajpet, Bengaluru 560 018. Email : mybangaloremirror@timesgroup.com Editor : Ms. Seena Menon – responsible for selection of news under PRB Act. © Reproduction in whole or in part without the written permission of the Publisher is prohibited.

MARUTI SUZUKI

CELEBRATING 10 LAKH PROUD S-CNG OWNERS.

10 LAKH PROUD S-CNG OWNERS

S-CNG
DRIVE SMART. CHOOSE GREEN.

SOLID PERFORMANCE

*BEST IN SEGMENT FUEL EFFICIENCY

WIDEST RANGE OF ENGINE OPTIONS

ENHANCED SAFETY

ENGINEERED SPECIALLY FOR CNG

TO KNOW MORE, SCAN:

*Claim as on date, applicable for CNG, supported by JATO Dynamics, segment as per JATO report classification.